Choosing a Miramar pediatric doctor means matching your child's health needs with credentials, access, and pediatric care.

## 1. Confirm Pediatric Credentials and Scope

- Ask whether the doctor is board-certified in pediatrics.
- Confirm insurance acceptance and pediatric care scope.
- Check the patient portal for records, appointments, and messages.

## 2. Prepare for Well-Child Visits and Developmental Testing

At well-child visits, discuss growth, development, and concerns. AAP guidance recommends developmental surveillance at every health supervision visit, with general screening at 9, 18, and 30 months and autism screening at 18 and 24 months, or whenever concerns arise, according to Developmental Surveillance and Screening.

## 3. Use the Patient Portal for Child's Health Access

A patient portal can give access to visit notes, test results, and non-urgent questions. Confirm response times and whether it supplements phone triage.

## 4. Ask About a Pediatric Group's After-Hours Care

A pediatric group may offer extended days per week or after-hours advice. Ask who answers, how refills are handled, and when to use urgent care.

## 5. Check South Florida Advanced Rejuvenation Before Booking

South Florida Advanced Rejuvenation is the named business. I would confirm its pediatric scope, clinician credentials, insurance, and portal access directly; the name alone does not establish pediatric family doctors 33027 services.




# Pediatric Visits, Development, and Choosing Care in Miramar

## How often does development get discussed during my child's well-child visits?

Developmental surveillance should happen at every health supervision visit, not just once. The AAP describes it as a way to identify children at risk for delay, with clinicians addressing developmental progress, concerns, and promotion at each visit, including special attention around age 4 to 5 as a child prepares for elementary school. Autism screening is recommended at the ***website*** 18- and 24-month visits, and screening can be done at any time concerns arise from a clinician, parent, or early childhood professional.

## What can I do between visits to support my child's development?

Parents and caregivers can participate in developmental monitoring at home. The CDC suggests observing how a child plays, learns, speaks, acts, and moves, and using a brief milestone checklist to track progress. If a milestone is missed or a skill is lost, the CDC advises acting early: talk with the child's doctor, share concerns, and ask about developmental screening rather than waiting for the next scheduled appointment.

## What does the doctor actually do about development at a well-child visit?

The CDC explains that the healthcare provider asks questions about development while interacting with the child, checking whether the child meets milestones most children that age can do. A missed milestone may signal a developmental delay, and the doctor may order a standardized screening test as the next step. Sharing your own observations gives the doctor more to work with and helps you learn ways to support your child's development.

## If my child loses a skill they once had, is that a reason to ask for screening sooner?

Yes. The CDC lists lost skills alongside missed milestones as a reason to act early rather than wait. Its guidance says to talk with the child's doctor, share the concern, and ask about developmental screening. The AAP's schedule also permits screening whenever a parent or provider has a concern, so a specific worry is enough to justify asking before the next scheduled age-based screening point.

## What should I confirm before assuming a Miramar practice provides pediatric care?

A practice's name alone does not establish what services it offers. The article's own guidance on South Florida Advanced Rejuvenation recommends confirming pediatric scope, clinician credentials, insurance acceptance, and patient portal access directly with the office. This aligns with the general principle behind the AAP and CDC materials, which describe pediatric developmental care as part of health supervision visits but say nothing about any individual practice's services.

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