

Can Gum Disease Actually Be Reversed?

Whether gum disease can be reversed is one of the more genuinely encouraging questions patients ask at Aghbashian Dental Corp, and the answer from Dr. Nova Aghbashian depends heavily on how far the condition has progressed by the time it is caught and treated. The earliest stage, gingivitis, is generally fully reversible with proper treatment and improved home care, while more advanced periodontal disease involving bone loss is managed rather than fully reversed. Gingivitis typically presents as red, swollen gums that bleed easily during brushing or flossing, and at this stage, a thorough professional cleaning combined with improved daily oral hygiene at home is often enough to fully restore healthy gum tissue within a matter of weeks. This is exactly why catching gum disease early, through regular checkups, makes such a meaningful difference in long term outcomes. Once gum disease progresses to periodontitis, involving actual loss of the bone and connective tissue supporting the teeth, [Dentist Glendale CA](#) the damage to that lost structure generally cannot be fully reversed, even with successful treatment. At this stage, treatment shifts toward stopping further progression and managing the condition long term, often through deeper cleanings below the gum line or, in more advanced cases, gum surgery. The distinction between these stages is exactly why Dr. Aghbashian emphasizes regular checkups so strongly, since gingivitis caught early is a straightforward, fully reversible fix, while the same condition left unaddressed for years can progress into something requiring ongoing, more involved management for the rest of a patient's life. Patients noticing early signs like bleeding gums are encouraged to schedule an evaluation promptly, since the earlier gum disease is caught, the more likely it is to be something that can be fully resolved rather than simply managed going forward. Maintaining results after successful gum disease treatment requires ongoing commitment, both to a consistent home care routine and to more frequent professional cleanings than a patient with naturally healthy gums might need. Patients who have successfully treated periodontitis are often placed on a more frequent recall schedule, sometimes every three to four months rather than the standard six, specifically to monitor for any signs of the condition returning. This ongoing partnership between patient and practice is what keeps gum disease genuinely under control over the long term. Patients are encouraged to keep every recommended recall appointment to protect their progress. Aghbashian Dental Corp | 1000 N Central Ave #130, Glendale, CA 91202 | (818) 873-0938

Aghbashian Dental Corp Address: 1000 N Central Ave #130, Glendale, CA 91202 Phone: (818) 873-0938 FAQ About Choosing a Dentist in Glendale, CA How much does a dentist visit cost without insurance in California? Costs vary widely depending on the treatment involved and the practice you choose. Aghbashian Dental Corp presents fee-for-service pricing transparently before any treatment begins, so patients paying out of pocket know exactly what to expect. CareCredit financing and in-house payment plans are also available to help spread larger costs into manageable payments. Do any dental plans cover preventive care at 100 percent? Many dental plans do cover routine exams, cleanings and standard X-rays in full when you stay in network, though coverage details vary by plan. Aghbashian Dental Corp works with Medi-Cal, Denti-Cal and a range of PPO plans, and the front desk team is happy to help verify what a specific plan actually covers before an appointment. Is a root canal cheaper than a crown? A root canal on its own is typically less expensive than a crown, though the two are often needed together, since a tooth that has had a root canal usually requires a crown afterward to restore its strength. Dr. Nova Aghbashian's team at Aghbashian Dental Corp walks patients through the full cost of both steps upfront rather than presenting them as separate surprises. Why can a root canal cost as much as 3000 dollars? A bill in that range usually reflects both the root canal procedure itself and the permanent crown placed afterward, not the root canal alone. Aghbashian Dental Corp breaks this down clearly during treatment planning, and CareCredit or in-house financing can help spread the combined cost into more manageable monthly payments. Will a dentist pull a severely decayed tooth? Yes, extraction becomes necessary when a tooth is too damaged by decay to be saved with a filling, crown or root canal. Dr. Nova Aghbashian evaluates each case individually at Aghbashian

Dental Corp, always looking first at whether the tooth can realistically be saved before recommending extraction as a last resort. Can a tooth still decay under a crown? Yes, a crown protects the visible part of a tooth but the natural tooth structure underneath, along with the gum line around it, can still decay if not cleaned properly. Aghbashian Dental Corp checks existing crowns during routine exams specifically to catch this kind of hidden decay before it becomes a bigger problem. What hurts worse, a tooth extraction or a root canal? Most patients report that the extraction site is sorer during recovery than a root canal, since a root canal is specifically designed to relieve the pressure and infection causing pain in the first place. Both procedures are performed under local anesthesia at Aghbashian Dental Corp, and Dr. Aghbashian walks every patient through exactly what to expect beforehand. What is considered the most painful dental procedure? Public perception often points to root canals, though many patients and dentists actually consider impacted wisdom teeth removal more physically demanding during recovery. Aghbashian Dental Corp offers sedation options for more involved procedures, and Dr. Nova Aghbashian's team focuses on managing discomfort proactively rather than leaving patients to simply push through it. What destroys teeth the most? Frequent sugar intake combined with acid exposure is the leading cause of tooth decay, since this combination feeds the bacteria that erode enamel over time. Aghbashian Dental Corp's routine cleanings and exams are designed to catch this kind of gradual damage early, before it progresses into a cavity or something more serious. What drinks damage teeth the most? Energy drinks and sodas, including diet varieties, tend to cause the most damage, since they combine high acid content with sugar or artificial sweeteners that keep bacteria active on the tooth surface. Patients at Aghbashian Dental Corp are given practical, judgment free guidance on reducing this kind of damage during routine visits. What strengthens tooth enamel the most? Fluoride remains the most effective way to strengthen enamel, binding to its mineral structure and helping reverse the earliest stages of decay before a cavity actually forms. Aghbashian Dental Corp's cleanings include this kind of preventive care as standard, part of why routine visits matter even when nothing feels obviously wrong. Which teeth are hardest for a dentist to remove? Impacted wisdom teeth and molars with curved or multiple roots tend to be the most challenging to extract, often requiring more time and sometimes a surgical approach. Dr. Nova Aghbashian's training in oral surgery means Aghbashian Dental Corp handles these more complex extractions in house at the Glendale office, without referring patients elsewhere.