



Torre Vieja is primarily a resort town for package vacations and beach relaxation. If you've ever before seen an infant flamingo you'll recognize that they are not pink. You'll know where they are as you'll have the ability to see beaten courses via the lawn.

These silent 3-bedroom self-catering apartments near La Mata rest 5 and make <https://villafayeray.com/> coastline days simple, with a warmed pool alternative for cooler months. In the exact same week you can roll along the seafront on traffic-light courses, loophole the salt lakes on fast gravel, and head inland for longer roadway trips - all with lots of coffee shops, supermarkets and simple logistics. Unlike the north Costa Blanca (with its big hill climbs up), Torre Vieja concentrates on leisure cycling, nature experiences and very easy touring.

PHLEBOTOMY — Order of Draw

TUBE	TEST	ADDITIVE	INVERT
YELLOW (STERILE)	CULTURE AND SENSITIVITY TESTING FOR BACTERIA AND FUNGI	SPS (SODIUM POLYANETHIOLESULFONATE)	8-10
LIGHT BLUE	PROTHROMBIN TIME (PT), PARTIAL THROMBOPLASTIN TIME (PTT), AND OTHER COAGULATION STUDIES	SODIUM CITRATE	3-4
RED	BASIC METABOLIC PANEL (BMP), LIVER FUNCTION TESTS (LFTS), LIPID PROFILE, HORMONE LEVELS	CLOT ACTIVATOR, SILICA PARTICLES, OR THIXOTROPIC GEL	5
GOLD OR TIGER	SERUM CHEMISTRY TESTS INCLUDING BMP, LFTS, LIPID PROFILE, HORMONE LEVELS	CLOT ACTIVATOR AND SERUM SEPARATOR GEL	5
GREEN	AMMONIA LEVELS, ELECTROLYTE PANEL, ARTERIAL BLOOD GAS (ABG), SOME THERAPEUTIC DRUG MONITORING (TDM) ASSAYS	LITHIUM OR SODIUM HEPARIN	8-10
LAVENDER	COMPLETE BLOOD COUNT (CBC), INCLUDING RED BLOOD CELL COUNT (RBC), WHITE BLOOD CELL COUNT (WBC), PLATELET COUNT, HEMOGLOBIN, HEMATOCRIT, AND DIFFERENTIAL	EDTA (ETHYLENEDIAMINETETRAACETIC ACID)	8-10
PINK	BLOOD BANK COMPATIBILITY TESTING, INCLUDING ABO AND RH TYPING, CROSSMATCHING, ANTIBODY SCREENING, AND COMPATIBILITY TESTING FOR TRANSFUSIONS	EDTA (ETHYLENEDIAMINETETRAACETIC ACID)	8-10
GRAY	GLUCOSE LEVELS, SOME DRUG LEVELS (E.G., ALCOHOL, LACTIC ACID), AND CERTAIN ENZYME ASSAYS (E.G., LACTATE DEHYDROGENASE - LDH)	SODIUM FLUORIDE AND POTASSIUM OXALATE	8-10

Torre Vieja provides, with routes ranging from very easy promenade routes to challenging all-day journeys. For more comprehensive rental support across the region, see rent a bike on the Costa Blanca. As opposed to browsing to a store, your bike arrives at your accommodation ready to ride. Hardtail mountain bikes fit cross-country riding and fire roads. Torre Vieja isn't recognized for technical hill cycling, but suitable trails exist in the surrounding hillsides and natural parks. They work well for boardwalk rides, journeys to the market, and gentle exploration.

In this way you combine sporting activity nature society enhancing total experience seeing area as attractive as fascinating! There are also several calculated points where you can stop to relax and enjoy yummy neighborhood tapas after having completed some considerable range - this can be an indispensable part of the trip itself! This path includes smooth areas excellent for roadway bikes where you can enjoy not just the distinct landscape created by pink lagoons, however likewise observe different avian types that inhabit this protected community. It is ideal for those who take pleasure in the sea while cycling; you will certainly ride roughly 10 kilometers along the coast with amazing sights of the Mediterranean. This area not only brings in travelers seeking to unwind in the sunlight, however also enthusiastic bikers who wish to discover its attractive scenery on two wheels.

Is Zenia Boulevard Closed Today? Opening Times For 2026

To the north, a water network notes the begin of the wonderfully all-natural area of Guardamar dune. It's a prominent sandy coastline with a boardwalk promenade where there are several restaurants and cafés. Torrelamata coastline takes its name from the ancient watchtower on the seafront.

- Stay in carefully picked resorts-- from historic haciendas to boutique coastal hideaways-- relish regional tapas and red wine and experience with the seamless support of skilled Journey Leaders.
- However did you know that this area likewise flaunts numerous beautiful all-natural parks?
- What's great about this area is that there's also a mud pool close by.

The background of Torre Vieja would certainly not be total without its renowned "salinas" (salt lakes). Cala Ferris supplies among one of the most amazing landscapes in Torre Vieja-- a small beach of fine gold sand backed by dune and masses of palm trees, and crystal clear sea. Los Naufragos coastline is divided from Playa del Acequión by a salt dock (used to keep salt from the salt lakes and to pack merchant ships). Walk a couple of roads back

from the seafront to see the historic Plaza de la Constitución, where you'll discover the Town Hall and the spectacular Inmaculada Concepción Church (1789). Playa del Cura is situated in the heart of Torrevieja and the most preferred coastline in town. The vibrant seafront has many memento shops, restaurants, ice-cream parlours and pubs, and the unique Mediterranean Cultures Monolith. Cala Palangre is the tiny cove bordered by rocks found at the end of Playa de Los Locos.