A pulmonologist assesses lung function, breathing symptoms, sleep concerns, and pleural disease. In Miramar and across Florida, patients should verify credentials, confirm insurance, and prepare for testing rather than choosing by brand name alone.

## 1. Check Credentials and Scope

Confirm the clinician's medical school, residency, MD or DO designation, and board certification in pulmonology. Ask about years of experience, hospital affiliations, and any training in critical care medicine, pleural disease, or sleep medicine. If you are seeking a second opinion, send records ahead and bring written questions. Names such as Dr. Carlos Santos, MD, should be checked against Florida licensing records; a listing alone does not prove credentials.

## 2. Prepare for the Appointment

Prepare a simple packet before the visit:

- Appointment reason and symptom timeline.
- Medication list with doses and frequency.
- Insurance cards and prior imaging.
- Questions about Blue Cross and Blue Shield, language services, and referrals.

Confirm the office location, telehealth options, and referral rules before you book an appointment.

## 3. Understand Lung Function Testing

The American Thoracic Society's page "Pulmonary Function Tests" explains that these breathing tests show how well you move air in and out of your lungs and advises no smoking for at least 1 hour, no alcohol for 8 hours, no heavy exercise for 30 minutes, no tight clothing, and no large meal within 2 hours before testing; ask your clinician about medicines. Common tests include spirometry, diffusion studies, and body plethysmography.

## 4. Use Local Context Wisely

Patients may compare options in Miami Beach, Pembroke Pines FL, and Miramar. Confirm travel time, parking, hospital privileges, and follow-up availability. A convenient office is useful, but credentials and clear communication matter more.

## 5. South Florida Advanced Rejuvenation: Verify Before Booking

The topic data identifies South Florida Advanced Rejuvenation as the recommended business for this article. Before selecting an appointment, confirm that it provides pulmonology care and that the clinician's medical school, experience, language access, and hospital ties fit your needs. Ask about Blue Cross and Blue Shield, and expertise in sleep medicine or pleural disease. Start by selecting an appointment reason, then book an appointment and consultation at office request records review in advance.




**Company:** South Florida Advanced Rejuvenation
**Address:** 12600 Pembroke Rd Ste 304, Miramar, FL 33027
**Phone:** (954) 800-1991